

OFFICE LOCATIONS

Coral Gables Campus
Plumer Building
5915 Ponce de Leon Blvd., Suite 48
Coral Gables, FL 33146
Locator Code: 2429



And,

Miller Medical School Campus
Dominion Tower
1400 NW 10 Avenue, Suite 816
Miami, FL 33136
Locator Code: M-831



UNIVERSITY
OF MIAMI

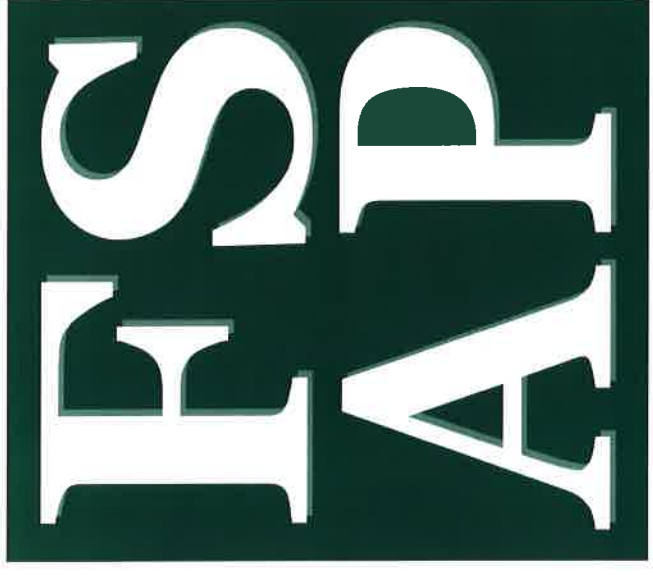


Faculty and Staff Assistance Program

To arrange an appointment on either
campus, call: (305) 284-6604

Callers outside the 305 and 786 area codes,
call: 1-800-341-8060

www.miami.edu/fsap



ABOUT THE FSAP

The Faculty and Staff Assistance Program (FSAP) provides **free and confidential** consultation and referral services to University of Miami faculty, staff, and retirees, as well as their domestic partners, spouses and dependents. Sessions are conducted by licensed employee assistance professionals who assess concerns, offer support, and recommend services that can be of help.



Issues commonly addressed by the FSAP include: family and relationship problems, interpersonal difficulties, workplace issues, stress, mood and emotional difficulties, substance abuse or dependency, care of elderly parents, legal matters and financial concerns.

HOW FSAP HELPS

The stressors and pressures of everyday life can often overwhelm even the most resilient of persons. Individuals armed with expert guidance, support and suitable resources increase the likelihood for positive outcomes.

The FSAP will offer solutions by:

- ◆ quickly and accurately assessing the issues presented,
- ◆ exploring the most appropriate options to resolve current difficulties,
- ◆ facilitating conversations between clients and other individuals (co-workers or family members) to assist in resolving interpersonal difficulties
- ◆ providing health & well-being, as well as, work/life balance seminars to support workgroups wellness initiatives
- ◆ tailoring presentations for departments to address specific concerns,
- ◆ debriefing employees involved in a critical incident or traumatic event,
- ◆ assisting managers and supervisors through management consultations,
- ◆ making referrals to community and University resources for specialized or on-going assistance.

LOCATIONS & STAFF

The FSAP has offices on both the Miller Medical School and Coral Gables campuses. Each location is staffed by Florida licensed mental health professionals. Their expertise includes assessing a wide variety of issues. When necessary, they refer to appropriate resources.

FREE & CONFIDENTIAL

Consultations are provided at **no cost** to clients and rendered in private office locations to ensure client comfort and privacy. Appointments and services are confidential to the fullest extent permitted by law. Management is not notified, and notations are not made in medical or personnel files.

ACCESSING SERVICES

To arrange an appointment on either campus, please call 305-284-6604.

Initial appointments are usually scheduled between 9 a.m. and 5 p.m. Monday through Friday. If you call and do not reach us, please leave a message and we will return your call as soon as possible.